

Winter Schedule 2018

Schedule adjustments highlighted in Red

Junior:

<p style="text-align: center;"><u>Sunday Londonderry</u> 11:00-11:45 Off Ice Technique 12:00-12:45 Free Skate 12:45-1:15 Group Development</p> <p style="text-align: center;"><u>Wednesday Londonderry</u> 4:30-4:50 Off Ice Warm up 5:00-5:45 Free Skate 5:45-6:30 Group Development</p>	<p style="text-align: center;"><u>Monday Londonderry</u> 4:30-5:00 Off Ice Technique 5:15-5:45 Group Development 5:45-6:30 Free Skate</p> <p style="text-align: center;"><u>Thursday Londonderry</u> 4:30-4:50 Off Ice Warm up 5:00-5:45 Group Development 5:45-6:30 Free Skate</p>	<p style="text-align: center;"><u>Tuesday Londonderry</u> 5:50-6:20 Off Ice Technique 6:30-7:15 Free Skate 7:15-7:30 Group Development</p> <p style="text-align: center;"><u>Friday Clareview B</u> 3:45-4:10 Off Ice Warm up 4:15-5:15 Free Skate 5:15-5:30 Group Development 5:45-6:15 Off Ice Development</p>
---	---	---

Intermediate:

<p style="text-align: center;"><u>Sunday Londonderry</u> Independent Warm Up 9:45-10:30 Off Ice Development 10:45-11:30 Free Skate 11:30-11:45 Group Development</p> <p style="text-align: center;"><u>Wednesday Londonderry</u> Independent Warm Up 4:00-4:45 Free Skate 5:00-5:45 Free Skate 5:45-6:00 Group Development 6:10-6:40 Off Ice Development</p>	<p style="text-align: center;"><u>Monday Londonderry</u> Independent Warm Up 4:15-5:00 Free Skate 5:15-5:45 Group Development 5:45-6:30 Free Skate</p> <p style="text-align: center;"><u>Thursday Londonderry</u> *Star 4 and higher Independent Warm Up 3:00-4:00 Free Skate 4:15-5:00 Free Skate 5:00-5:45 Group Development</p> <p style="text-align: center;">or Independent Warm Up 4:15-5:00 Free Skate 5:00-5:45 Group Development</p>	<p style="text-align: center;"><u>Tuesday Londonderry</u> Independent Warm Up 4:00-4:45 Free Skate 5:00-5:45 Free Skate 5:45-6:15 Group Development</p> <p style="text-align: center;"><u>Friday Clareview B</u> Independent Warm Up 4:14-5:15 Free Skate 5:15-5:30 Group Development 5:45-6:15 Off Ice Development</p>
---	---	---

Senior:

<p style="text-align: center;"><u>Sunday Londonderry</u> Independent Warm Up 9:45-10:30 Off Ice Development 10:45-11:30 Free Skate 11:30-11:45 Group Development</p> <p style="text-align: center;"><u>Wednesday Londonderry</u> Independent Warm Up 4:00-4:45 Free Skate 5:00-5:45 Free Skate 5:45-6:00 Group Development 6:10-6:40 Off Ice Development</p>	<p style="text-align: center;"><u>Monday Londonderry</u> Independent Warm Up 4:15-5:00 Free Skate 5:15-5:45 Group Development 5:45-6:30 Free Skate</p> <p style="text-align: center;"><u>Thursday Londonderry</u> Independent Warm Up 1:15-2:15 *Free Skate 2:30-3:00 Group Development 3:00-4:00 *Free Skate 4:15-5:00 *Free Skate</p>	<p style="text-align: center;"><u>Tuesday Londonderry</u> Independent Warm Up 4:00-4:45 Free Skate 5:00-5:45 Free Skate 5:45-6:30 Group Development</p> <p style="text-align: center;"><u>Friday Clareview B</u> 3:45-4:10 Off Ice Warm Up 4:15-5:15 Free Skate 5:15-5:30 Group Development 5:45-6:15 Off Ice Development</p>
---	--	---