

**Junior PREP 4-9 years of age: Must have approval from EESC Coaching Staff**

<b>Sunday</b> 12:15-12:45 *Off Ice Technique 1:00-1:45 Group Development *Running Shoes and Skipping Rope	<b>Monday</b> 5:00-5:45 *Yoga for Figure Skaters 6:00-6:45 Group Development *Yoga mat required	<b>Tuesday</b> 5:45-6:15 *Off Ice Technique 6:30-7:15 Group Development *Running Shoes and Skipping Rope
<b>Wednesday</b>	<b>Thursday</b> 5:00-5:30 *Off Ice Technique 5:45-6:30 Group Development *Running Shoes and Skipping Rope	<b>Friday</b> 5:00-5:30 *Off Ice Technique 5:45-6:30 Group Development *Running Shoes and Skipping Rope

\*Placement of skaters is subject to director approval, schedule subject to change  
 \*Check calendar of events for arena locations

**Junior Prep Membership and Program Fees**

Home Club and Associate Membership	\$65	September 1, 2018 - August 31, 2019	
Program Fees	2 Days/week	3+ days/week	
	\$145	\$160	April (4 weeks)
	\$217.50	\$243	May/June (6 weeks)

Associate and guests pay %50 more program fees

**Junior: Must have approval from EESC Coaching Staff**

<b>Sunday</b> 12:15-12:45 *Off Ice Technique 1:00-1:15 Group Development 1:15-2:00 Free Skate *Running Shoes and Skipping Rope	<b>Monday</b> 5:00-5:45 *Yoga for Figure Skaters 6:00-6:15 Group Development 6:15-7:00 Free Skate *Yoga mat required	<b>Tuesday</b> 5:45-6:15 *Off Ice Technique 6:30-6:45 Group Development 6:45-7:30 Free Skate *Running Shoes and Skipping Rope
<b>Wednesday</b>	<b>Thursday</b> 5:00-5:30 *Off Ice Technique 5:45-6:00 Group Development 6:00-6:45 Free Skate *Running Shoes and Skipping Rope	<b>Friday</b> 5:00-5:30 *Off Ice Technique 5:45-6:00 Group Development 6:00-6:45 Free Skate *Running Shoes and Skipping Rope

\*Placement of skaters is subject to director approval, schedule subject to change  
 \*Check calendar of events for arena locations

**Junior Membership and Program Fees**

Home Club Membership	\$125	Individual
September 1, 2018 - August 31, 2019	\$85 Per Child	Family Membership

<b>Optional Payment Plan:</b>	\$195	April (4 weeks)
3 Payments of \$162.50 Payment due the 15 <sup>th</sup> of April, May, June	\$292.50	May/June (6 weeks)

Associate and guests pay %50 more program fees

<b>Deposits Cheques:</b>		
Silent Auction Tickets	\$ 100.00	Date April 20, 2019 *Silent Auction/Pub Night April 27, 2019 (details to follow)