

Learn to Figure Skate

September 2021 – June 2022

Programs Require Director Approval

Learn the fundamentals of figure skating in an encouraging and enthusiastic atmosphere.

Club Office:

Londonderry Arena
14528-66 Street
Edmonton, AB T5C 3R7

Contact Us:

E: extreme.edge@shaw.ca
Ph: 780-456-6851
W: extremeedge.ca

Junior Prep: Ages 4-9

- This is an introductory learn to figure skate program for highly motivated skaters choosing to learn at an accelerated level.
- This program is intended as an introduction to competitive figure skating. Prepares skaters for the Junior figure skating program.
- Off-Ice warm-up + On-Ice 45 min group instruction & 15 min Free Skate
- No Fundraising required, Yes Volunteering required.

Recommendation: Skate 2-4 days per week
Must skate at least 2 days per week

Junior Figure Skating Program

- Young athletes interested in figure skating at an accelerated rate.
- These athletes are ready to meet the challenges of private lesson along with assessments.
- Off-Ice warm-up + On-Ice 15 min group instruction & 45 min Free Skate (private lessons additional charge.)
- Yes Fundraising required, Yes Volunteering required.

Recommendation:

Skate 3 to 5 days per week

Competitive Figure Skating Program

- Intermediate and Senior level skaters.
- Dedicated athletes progress through the various levels of figure skating towards personal excellence.
- Recreational to National Level Skaters.
- See Advanced Figure Skating for more information.

Locations: **Londonderry Arena - Sundays / Tuesdays / Thursdays**
14528-66 Street Edmonton, AB
Clareview Arena - Fridays
3804-139 Avenue Edmonton, AB

Fees: \$65 Membership plus class fees listed below if registered **BEFORE Sept 1st**
\$85 Membership plus class fees listed below if registered Sept 1st and **AFTER**
\$160/Month for 2 days per week
\$200/month for 3 or 4 days per week



Junior Prep & Junior Class Schedule 2021-2022

September 7 to December 19, 2021:

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|-----------------------------------|---|
| Sundays @ Londonderry | Off-Ice Technique 12:15-12:45pm On-Ice Class 1:00-2:00pm |
| Tuesdays @ Londonderry | Off-Ice Technique 5:00-5:30pm On-Ice Class 5:45-6:45pm |
| Wednesdays On Zoom | Yoga on Zoom 5:15-6:00pm Access codes on website |
| Thursdays @ Londonderry | Technique 5:00-5:30pm On – Ice Class 5:45-6:45pm |
| Fridays @ Clareview | Off-Ice Yoga 4:30-5:15pm On – Ice Class 5:30-6:30pm |

Calendar – Note these dates:

2021:

Sept 7 - Classes begin
 Sept 30 - No classes
 Oct 10 - No classes
 Nov 11 & 12 - No classes
 Oct 31 - Halloween Party
 Dec 19 - Christmas Party
 Dec 20-26 - No classes
 Dec 27-30 - New Year Camp

2022:

January - Classes resume, details TBA

January – June 2022:

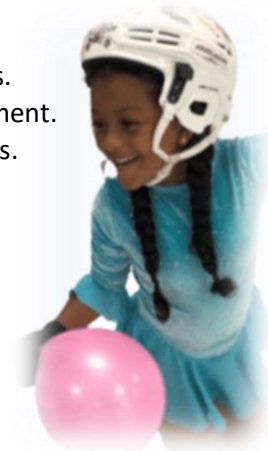
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|---------------|--|
| Same as above | Same schedule as above holidays/theme days TBA |
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How to Arrange a Trial?

Contact Extreme Edge to arrange an evaluation day. Phone: 780-456-6851 or email: extreme.edge@shaw.ca
 Your Child will be evaluated by a member of our professional coaching staff. Once evaluated, your child will be placed in the appropriate program for their level and their pathway towards figure skating begins.

What to Wear:

- All skaters are asked to bring running shoes and skipping ropes for off-ice classes.
- All skaters must have their hair tied back. **Helmets are required** for Jr. Development.
- All skaters must wear **athletic or skating attire** during on ice and off ice programs.
- No jeans, winter jackets, hooded jackets, or shorts



Equipment:


Figure skates, **not recreational skates**, are mandatory for this level.


Recommended stores to purchase and sharpen skates:


- ProSkate, 16972 111 Ave NW, Edmonton, AB (780) 481-5532
- United Sport and Cycle, 7620 Gateway Blvd. NW (780) 433-1181


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• **Pause Payments/Refund Policy:**

 Fees are calculated weekly for the skating session (September- June). Once calculated, they are divided onto your monthly payments.

 Membership pause will only apply if athletes miss 4 consecutive training weeks or more. \$50 Administration fee will apply. Requests must be received in writing. Note: non-training weeks, such as Christmas, New Year break, and May break, are not accounted in your ice cost, therefore, do not count towards your membership pause.

 In the event Alberta Health Services, Skate Canada, or the City of Edmonton imposes any restrictions on number of participants, (due to Covid-19) EESC may have to adjust number of days the skaters may participate and will look at the cost ratio per participant. In the event that numbers are reduced, ice fees will remain the same.

 Refund Policy (retired skater, club transfer, etc.) will be subject to a cancellation penalty of two monthly payments. Payments will be processed in the case of non-participation. Requests must be received in writing.