

LEARN TO FIGURE SKATE

Junior Prep & Group STARSkate

* phone 780-456-6851 * fax 780-406-1251 * email extreme.edge@shaw.ca * * web www.extremeedge.ca * Office Address: 14528 – 66 Street, Edmonton, Alberta, T5C 3R7 *

Requires approval of the Program Director

Learn the fundamentals of figure skating in an encouraging and enthusiastic atmosphere

Junior Prep:

4-8 years of age

This is an introductory learn to figure skate program for highly motivated skaters choosing to learn at an accelerated level. This program is intended as an introduction to competitive figure skating.

- Prepares skaters for the Junior figure skating program. See advanced program guide for more details.
- Recommended 3-4 days per week
- Must skate at least 2 days per week

Group STARSkate:

9 years of age and older

This is an opportunity for athletes over 8 years of age to learn the fundamentals of figure skating in a group environment. Skaters can work towards achieving a passing standard on STAR assessments in 3 areas of figure skating:

- Freeskate jumps, spins, spirals
- Dance pattern steps to music
- Skating Skills speed, edges, turns
- Recommended 1 or 2 days per week



Junior Prep:

4-8 years of age

Membership Fees: \$65 (Sept 2017-Aug 2018) Skate Canada Membership and Assessment fees, Alberta Section, Extreme Edge, and

Kevin Duffy Memorial Foundation

September 10 - March 29, 2018

At Londonderry Arena 14528-66 Street, North Edmonton

Cunday	Off Ice Technique	11:45-12:15pm			
Sunday	On Ice Group	12:30-1:15pm	Payment for Junior Prep:		
Tuocday	Off Ice Technique	5:00-5:30pm	\$140.00 monthly payments Choose 2 days per week		
Tuesday	On Ice Group	5:45-6:30pm	or		
Modroeden	Off-Ice Technique	5:15-5:45pm	\$160.00 monthly payments Choose 3-4 days per week		
Wednesday	On Ice Group	6:00-6:45pm	+ \$65.00 Membership fee		
Thursday	Off-Ice Technique	4:30-4:50pm			
inursuay	On Ice Group	5:00-5:45pm			

Schedule subject to change

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At Londonderry Arena 14528-66 Street, North Edmonton

Cunday	Off Ice Technique	11:45-12:15pm	Payment for Group STARSkate:	
Sunday	On Ice Group	12:30-1:15pm	\$140.00 monthly payments	
Thursday	Off-Ice Technique	4:30-4:50pm	1-2 days per week +	
Thursday	On Ice Group	5:00-5:45pm	\$65.00 Membership fee	

Schedule subject to change

Important Dates: Mark Your Calendars!

September:

Sept 10 - Fall/Winter Schedule begins

October:

Oct 8-9 – No programming

Oct 31 - No programming from 6:00pm-7:30pm

November:

Nov 12-13 – No programming

Nov 24 - No programming

December:

Dec 22 - Christmas Party Clareview Arena B. Details to TBA.

Dec 24 - Jan 1 - No programming

January:

Jan 2 – Resume Fall/Winter Schedule

February:

Feb 9 - No programming

Feb 18-19 - No programming

March:

Mar 30 - No programming

April:

Schedule TBA

What to Wear:

- All skaters must have their hair tied back for all program activities.
- Helmets are required.
- All skaters must wear **athletic or skating attire** during on-ice and off-ice programs. Example:
 - o Girls Skating dress, tights, sweater, gloves
 - o Girls Leggings, slim fitting shirt, sweater, gloves
 - o Boys Track pants or skating pants, shirt, sweater, gloves
- **NO** jeans, winter jackets, hoodies, baggy clothes, or shorts.
- Running shoes required for off-ice classes.

Skates:

- Figure skates (<u>not recreational skates</u>) are mandatory for this level.
- Skate guards:
 - o Hard guards to walk in
 - o Soft guards to transport skates Blades must be dried with a rag prior to putting on soft guards
 - o Store skates in open air, not in closed skate bag
- Recommended store to purchase and sharpen skates:

United Cycle

7620 Gateway Blvd. NW, Ph 780-433-1181

Learn to Figure Skate Registration Form:

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A	thlete Inform											
	Skaters nar											
	Birth date:			Age in yea	ars:							
	Medical iss	ues (if any):										
P	arent or Guai	rdian contact infor	mation:									
	Name(s) of	parent(s) or guardia	an(s):									
	Email addr	ess:										
Ph: (780)				Cell: (780)								
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Province: Emergency contact name:				Postal Co	ne: Ph: (780)							
		u find out about our	program?		FII. (700)							
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	Registration form must be accompanied by payment:											
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<u>I</u>	Payment: Pro	cessed on approxim	ately the 15 th of each n	nonth								
	□ An:	nual Membership: \$6	65.00									
			not required at this lev	el*								
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	3 -4	days per week: \$16	0.00 monthly payment	S								
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			sibility for this app	lication f	orm. No refunds	or credits will be is	ssued unless					
			the Extreme Edge S									
	awarded to us by acceptance of this application, the under signed agrees to save and hold harmless and											
	release EESC, all coaches and assistants, and any private or municipal rink of and from any and all claim											
rising from bodily injury and property damage sustained by the student. Further, I agree to abide by the Rules and Regulations of Skate Canada and the Extreme Edge Skating Club as set down by the Board of												
Directors.												
	Date Signed:		Signature			Witness:						
							J					